

Gotta Dance Bingo!

Perform Recital dance for your family	Actively stretch for 10 minutes	Research a dance legend	Write down 5 dance terms & definitions	Practice stage makeup
Create a dance at home	Practice your perfect ballet bun	Teach Recital dance to your family	Hold a plank for one minute	Clean out your dance bag
Practice all 3 of your splits	Watch your favorite dance movie		Design a dream dance costume	Do 50 releves AND hold one minute
jumping jacks & burpees: 3 sets of 10	Research a famous dance company	Learn a viral dance, post it, tag us!	Read a book about dance	Draw the alphabet with your foot
Facetime a friend & practice together!	Try a new style of dance	Get moving & be active 5 days in a row	Share why you love to dance	List 5 dance goals for Spring