

Ballet BUNS at ALL REHEARSALS & PERFORMANCES

WHAT DO I NEED?

Hair brush, covered elastic band, hair net (matching hair color-available at Walmart, Sally's Beauty Supply & most drug stores), bobby pins, hair gel, hair spray, hairpiece (if you have short hair)



1. Brush hair smooth and free of tangles. Pull hair back neatly into a low ponytail at the back of the head, using the brush to smooth out "lumps and bumps." Use gel to pull back and hold bangs in place. A tidy ponytail with the hair drawn snugly back is the key to making a good ballet bun. Placement of your ponytail determines the placement of your bun. Your ballet bun should be low on the head.



2. Secure the ponytail tightly with hair elastic. Use hair gel and water for more control of the hair.



3. Use hair spray to eliminate any "wisps" around the head, smoothing any remaining bumps of hair on the head.



4. Twist the ponytail as you gradually wrap it around the hair elastic, creating a tight, coiled circle, inserting bobby pins as you wrap. Be sure that your bobby pins contain hair from both the head and the ponytail. This will hold your bun close to your head. Be sure to use plenty of bobby pins and flatten the bun as you coil the hair. The bun should be flat against the head.



5. Once you have created your bun, wrap your hair net around it as many times as it will allow for a snug fit.



6. Hold the hair net in place with a few extra bobby pins, and hair spray or gel any wisps of hair that are remaining.

SHORT HAIR:

1. Use hair gel, hairspray and bobby pins to secure the hair back from the face.

2. Hairpieces (matching hair color) may be purchased at Walmart or Sally's Beauty Supply and used to create a bun using a hairnet.

REMEMBER-PRACTICE MAKES PERFECT!!